**Pro-forma for mapping other competences**

***Evidence of competence in \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_***

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| **1** The best example. |  |
| **2** Context: brief details of the circumstances. |  |
| **3** Level of responsibility on this occasion. The scale and scope of the issue. |  |
| **4** Personal contribution: what I did.  |  |
| **5** Who else was involved on this occasion – and what they did. How I involved or worked with others. |  |
| **6** The outcomes of my actions or involvement. |  |
| **7** What worked well on this occasion? |  |
| **8** What lessons did I learn from this occasion? |   |
| **9** What would I do differently on another occasion? |  |
| **10** How typical is this example of my life or work experience?  |  |
| **11** Brief details of a recent (or second) example. |  |
| **12** Brief details of a third, preferably contrasting, example. |  |
| **13** How could this competence be applied to other situations? |  |
| **14** How do I measure my success for this competence? |  |